

# Workshops

## OI Retreat 2023

### Blue Cliff Monastery

1. **Cô Kimmy (Mỹ) + Mời thêm 1 người. This workshop is in the Vietnamese language.**



Kimmy Le, Chân Đại Lượng (True Great Inclusiveness), received Lamp Transmission in 2019.

Con muốn nói chuyện với OI Việt về đề tài " Người Tiếp Hiện: Anh/Chị là ai?"

Trong đó sẽ nhắc lại ý nghĩa mà sư ông đã dạy về người Tiếp Hiện.

Thêm vào đó con sẽ nói những điều căn bản mà một OI cần biết và cần làm.

Như về tư cách và uy nghi của một Tiếp Hiện, về các kỹ năng, về cách thức để hướng dẫn một buổi ngồi thiền, pháp đàm, sinh hoạt trong khóa tu, hoặc một ngày quán niệm v.v.

Các điều này ích lợi cho các chuẩn Tiếp Hiện, đồng thời cũng nhắc nhở các Tiếp Hiện về vai trò của mình trong chiếc áo nâu. Họ sẽ biết cách và dùng các kỹ năng học được, để xây dựng và phục vụ tăng thân của mình.

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## 2. Dennis Bohn: Leadership in a Lay Sangha: Who Gets to Decide What?



Dennis Bohn, True Mountain of Peace, received lamp transmission in 2011.

In a lay sangha the question of who gets to make decisions is fraught with issues around power, authority, leadership and membership. This can lead to conflict and even splits in a community.

We'll examine some of the ways decision-making can evolve as a sangha grows, the benefits and drawbacks of several types of decision-making and finally look at how the consensus model which Thay outlines for the monastic community in *Joyfully Together* can be adapted for our lay communities.

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### **3. Peggy Smith: Trauma informed Speaking when silence may not be a connecting response**



Peggy Smith, True Moon Form, received lamp transmission in 2014.

This interactive experience will offer a short overview of current relational neuroscience in regards to trauma and trauma responses. It will offer practical, easy to learn ways to use language to calm both our own and other people's nervous systems.

We will experience awareness of the body in the body and how to use our awareness to support ourselves and others with the calming balm of Resonant Language.

This session will include a variety of practice opportunities. If there is interest in the group, we can also practice skillful strategies when working with conflict.

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#### 4. Melanie Gin, Ivan Trujillo-Priego, and John Bell: Beloved Community Circles -- A Mindful Action Pathway



John Bell, True Wonderful Wisdom, received Lamp Transmission in 2010.

Melanie Gin, Peaceful Embracing of the Heart, and Ivan Trujillo-Priego, Harmonious Continuation of the Heart, are Order of Inberbeing aspirants.

With roots in the Earth Holders and Wake Up communities, Beloved Community Circles is an emerging initiative that aspires to support and resource sanghas for mindful action. During our interactive workshop, the caretaking team (Melanie Gin, Ivan Trujillo-Priego, and John Bell) will share a vision of small, local action teams that work in harmony to meet the suffering of the world with compassion and care. Already, 5-6 local Circles are forming and evolving, addressing issues including racism, climate change, and refugee families support. We will also invite participants to reflect upon and respond to questions on our hearts:

- Balance: How might we balance the elements of practice, community building, and action for positive, sustainable<sup>[1]</sup> change?
- Centering BIPOC: How might we continue to center people of color and young people in this initiative, given that the mahasangha in the United States and Canada includes many older, white practitioners?
- Lay and Monastic: How might we best intertwine the lay and monastic communities in the initiative?
- The Future: How might you like to participate or what concerns and ideas would you like to offer as we move forward.

We hope you come to learn, share, and help us take the next steps. Thank you



## 5. Valerie Brown: Diversity, Equity, and Inclusion: Sangha-Building Practices to Support Beloved Community



Valerie Brown, True Sangha Power, received Lamp Transmission in Plum Village, France in June 2018, and is of Afro-Cuban descent.

Thich Nhat Hanh's profound message of love, peace, and understanding and the wisdom of nondiscrimination and interbeing are the foundation of building all-inclusive and beautifully diverse and welcoming sanghas.

How do we honor Thay's legacy and commit ourselves to grow and to learn skillful action that helps heal suffering and separation. In this workshop you will discuss and explore 'best practices' that promote diversity, equity, and inclusion within sanghas. Through individual and collective reflection, you'll leave the workshop with practical, actionable skills and reflect on a pathway to creating greater diversity within your sangha to further the creation of Beloved Community.

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## 6. Beginning Anew

Details and information on this workshop will be available at the retreat.